



## School of Medicine

Post-Graduate Medical School  
550 First Avenue, New York NY 10016

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Permit # 8048

June 3, 2011



ONLY NOTICE

## **THE DIAGNOSIS AND TREATMENT OF THE YOUNG ADULT WITH HIP PAIN**

NYU HOSPITAL FOR JOINT DISEASES  
LOEB AUDITORIUM

REGISTER ONLINE AT <http://cme.med.nyu.edu/pedhip>



**NYU Hospital for Joint Diseases**  
NYU LANGONE MEDICAL CENTER

**(See Insert)  
Special One-Day Cadaver  
Hip Arthroscopy Skills Lab  
June 4, 2011**

**2ND ANNUAL**

# **THE DIAGNOSIS AND TREATMENT OF THE YOUNG ADULT WITH HIP PAIN**

**Latest Information for the  
Practicing Surgeon on**

- Hip Arthroscopy
- Joint Preservation
- Resurfacing and Minimally Invasive Total Hip Replacement



**June 3, 2011**

NYU Hospital For Joint Diseases, Loeb Auditorium  
301 East 17th Street, New York, NY

Course Directors: Roy I. Davidovitch, MD & Thomas Youm, MD

**Sponsored by the NYU Post-Graduate Medical School**

## TARGET AUDIENCE

Orthopaedic surgeons, general practitioners, physician's assistants and physical therapists.

## COURSE DESCRIPTION

Over the past decade new research into the field of young adult hip disorders has yielded significant contributions to the continuum of care of these patients. This knowledge is based on a clearer understanding of the nuances of hip anatomy, its variations and the possible etiology of hip arthritis in the young adult. The patient that presents at a young age (<50 years old) advanced hip arthritis presents a different set of challenges which include a high demand and active lifestyle and/or vocation. Minimally invasive hip replacement as well as hip resurfacing procedures have been developed specifically targeted towards this patient demographic. The course is planned with a significant portion of the first day geared towards introduction of the topic, basic concepts, diagnosis and treatment options. A non-CME live surgical demonstration coupled with a hands-on cadaver lab is planned for the second day to allow participants to immediately incorporate their new knowledge into practice.

## STATEMENT OF NEED

Practicing clinicians need to be aware of pre-arthritis conditions of the hip in young adults in order to correctly diagnose young adults with hip pain as having pre-arthritis hip symptoms, define the abnormality and potentially correct it. Practicing clinicians need to be aware that surgical procedures exist to prevent, retard and relieve these pre-arthritis conditions and the development of hip arthritis. Practicing clinicians need to be aware of emerging techniques in hip replacement options once the young adult presents with arthritis in order to consider this technique, which allows rapid rehabilitation and return to work and recreational activities at a rapid rate. Practicing clinicians need to have the anatomic basis for understanding the pathology of the painful young adult hip, and thus define the anatomy of the hip and correlate it with radiographic studies in order to prevent missed diagnosis. The continuum of care of these young patients with hip pain starts at the diagnosis of pre-arthritis hip conditions and hip preservation techniques and follows through to arthroplasty options in this young population. According to association guidelines, peer reviewed literature and published expert opinion, as well as course director observations, there is a need for practicing orthopaedic surgeons, rheumatologists, physical therapists and allied healthcare personnel to be updated regarding the underlying causes of hip arthritis in the young adult patient, based on a deeper understanding of the anatomy of the hip, its subtle variations and nuances. Often these patients have undergone previous hip preservation surgery such as an acetabular or femoral osteotomy complicating their arthroplasty procedure. There is current controversy and clinicians need to hear about the most recent recommendations regarding metal on metal bearing surfaces.

Another area of new treatment information includes minimally invasive approaches to total hip replacement. In this case, it is important for practitioners to view a surgical demonstration of a minimally invasive total hip replacement technique in order to be able to introduce these techniques and skills into practice.

## EDUCATIONAL OBJECTIVES

- Identify, diagnose and counsel patients with pre-arthritis hip symptoms regarding their diagnosis with possible treatment or appropriate referral.
- Describe hip anatomy, labral pathology, dysplasia and impingement that contribute to hip pain.
- Identify surgical candidates and develop and implement surgical plan to preserve the hip joint.
- Identify and interpret the appropriate radiological studies for imaging the hip.
- Counsel young adult patients towards resurfacing versus hip replacements and define the longevity of the implant and expected functional outcome of patients.
- Provide an update on current metal on metal recommendations to patients.
- Introduce MIS surgical techniques and surgical skills in hip arthroplasty into practice.
- Discuss updates on bearing options in hip replacement in the young adult.



## CME INFORMATION

### ACCREDITATION STATEMENT

The NYU Post-Graduate Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### CREDIT DESIGNATION STATEMENT

The NYU Post-Graduate Medical School designates this live activity for a maximum of **7 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### DISCLOSURE STATEMENT

The NYU Post-Graduate Medical School adheres to the ACCME Essential Areas and Policies, including the Standards for Commercial Support, regarding industry support of continuing medical education. In order to resolve any identified Conflicts of Interest, disclosure information is provided during the planning process to ensure resolution of any identified conflicts. Disclosure of faculty and commercial relationships as well as the discussion of unlabeled or unapproved use of any drug, device or procedure by the faculty will be fully noted at the meeting.

## FACULTY

### Course Directors

**Roy I. Davidovitch, MD**

Assistant Professor of Orthopaedic Surgery  
Director of The New York Hip Center  
NYU School of Medicine  
NYU Hospital for Joint Diseases  
New York, NY

**Thomas Youm, MD**

Clinical Assistant Professor of  
Orthopaedic Surgery  
NYU School of Medicine  
NYU Hospital for Joint Diseases  
New York, NY

### Course Coordinator

**Anna L. Levy**

Clinical Research Assistant  
NYU Hospital for Joint Diseases  
NYU Langone Medical Center  
Department of Orthopaedic Surgery

### NYU School of Medicine/Hospital for Joint Diseases Course Faculty

**Edward Adler, MD**

Clinical Associate Professor of  
Orthopaedic Surgery

**Jenny Bencardino, MD**

Assistant Professor of Radiology

**Srino Bharam, MD**

Clinical Associate Professor of  
Orthopaedic Surgery

**David S. Feldman, MD**

Associate Professor of Orthopaedic Surgery  
Chairman, Section of Pediatric Orthopaedics

**Alfred D. Grant, MD**

Clinical Associate Professor of  
Orthopaedic Surgery

**Justin G. Lamont, MD**

Clinical Associate Professor of  
Orthopaedic Surgery

**Scott E. Marwin, MD**

Clinical Associate Professor of  
Orthopaedic Surgery

**Patrick Meere, MD, CM**

Clinical Assistant Professor of  
Orthopaedic Surgery

**Robert J. Meislin, MD**

Assistant Professor of Orthopaedic Surgery

**Catherine Petchprapa, MD**

Assistant Professor of Radiology

**Leon D. Rybak, MD**

Assistant Professor of Radiology

**James Slover, MD**

Assistant Professor of Orthopaedic Surgery  
Co-Director of The New York Hip Center

**Gerard P. Varlotta, DO**

Clinical Associate Professor of  
Rehabilitation Medicine

**Joseph D. Zuckerman, MD**

Walter A.L. Thompson Professor of  
Orthopaedic Surgery  
Chairman, Department  
of Orthopaedic Surgery

## PROGRAM Friday, June 3

- 7:00 am Registration & Continental Breakfast
- 7:30 Welcome  
*Joseph D. Zuckerman MD,  
Chairman Department of Orthopaedics  
NYU Hospital for Joint Diseases*
- 7:35 Introduction from the Course Director  
*Roy I. Davidovitch, MD*
- Diagnosis and Imaging of Hip Disorders**  
*Moderator: Roy I. Davidovitch, MD*
- 7:50 Differential Diagnosis and Physical Exam of the Young Adult with Hip Pain  
*Robert J. Meislin, MD*
- 8:10 Non-Operative Management of Hip Disorders  
*Gerard P. Varlotta, DO*
- 8:25 Anatomy and Vascularity of the Hip and Labrum  
*Alfred D. Grant, MD*
- 8:45 Panel Discussion
- 8:55 Standard Imaging of the Hip  
*Leon D. Rybak, MD*
- 9:10 MRI of the Hip: Intra-Articular  
*Catherine Petchprapa, MD*
- 9:30 MRI of the Hip: Extra-Articular  
*Jenny Bencardino, MD*
- 9:45 Panel Discussion
- 9:55 Coffee Break
- Surgical Options for Femoral Acetabular Impingement (FAI)**  
*Moderator: David S. Feldman, MD*
- 10:10 Arthroscopic Treatment of FAI  
*Thomas Youm, MD*
- 10:30 Open Treatment of FAI  
*Roy I. Davidovitch, MD*
- 10:40 Periacetabular Osteotomy  
*David S. Feldman, MD*
- 11:00 Panel Discussion
- 11:15 **Hip Arthroscopy Live Surgical Demonstration**  
*Thomas Youm, MD & Srino Bharam, MD*
- 12:15 pm Lunch
- Arthroplasty in the Young Adult**  
*Moderator: James Slover, MD*
- 1:15 Total Hip Arthroplasty in the Young Adult  
*James Slover, MD*
- 1:30 Hip Resurfacing: Who, When, Why and How?  
*Scott Marwin, MD*
- 1:50 Metal on Metal Bearings: Friend or Foe?  
*Justin Lamont, MD*
- 2:10 Panel Discussion
- 2:20 Coffee Break
- 2:35 **THA via Anterior Approach: Surgical Technique and Learning Curve (with Live Surgical Demonstration)**  
*Roy I. Davidovitch, MD and James Slover, MD*
- 3:40 MIS THA: Are Outcomes Better?  
*Patrick Meere, MD, CM*
- 4:00 THA After Hip Preservation Surgery  
*Edward Adler, MD*
- 4:15 Discussion and Closing Remarks
- 4:30pm Adjourn

## LOCATION

NYU Hospital for Joint Diseases  
Loeb Auditorium, 301 East 17th Street  
New York, NY 10003

## PHOTO IDENTIFICATION IS REQUIRED TO ENTER THE MEDICAL CENTER

## COURSE CONFIRMATION

Please supply your e-mail address to receive a confirmation letter. Written confirmation will not be mailed.

## PARKING

Street parking in Manhattan is very limited. There are many parking garages located in the vicinity of the hotels and NYU Hospital For Joint Diseases. Most garages have Early Bird Specials (enter garage between 6-10 a.m. for 12 hours of parking) for rates of \$12-18.

## INFORMATION

Registration Office  
NYU Post-Graduate Medical School  
P.O. Box 1855  
Murray Hill Station, New York, NY 10016  
Phone: 212-263-5295; Fax: 212-263-5293

**Please note:** We cannot accept telephone registration. Visit our website at <http://cme.med.nyu.edu>

## ONLINE REGISTRATION PREFERRED

Applications will be accepted in order of their receipt. Visit our secure website at to submit online registration.  
<http://cme.med.nyu.edu/pedhip>

## HOTELS

Rooms are in very heavy demand in New York City; we urge you to make your reservations early. You may obtain a list of hotels located near NYU School of Medicine by visiting our website.



**THE DIAGNOSIS AND TREATMENT OF THE YOUNG ADULT WITH HIP PAIN #443**  
**Hip Arthroscopy, Joint Preservation, Resurfacing and Minimally Invasive & Total Hip Replacement**

NYU Hospital for Joint Diseases, Loeb Auditorium, 301 East 17th Street • June 3, 2011

Please do not reduce or enlarge this form.

**Register online at <http://cme.med.nyu.edu/pedhip>**

On-site registrants will incur an additional \$20 charge and will receive a receipt by email in 1-2 weeks.

After June 1, 2011, only on-site registration available.

PLEASE PRINT CLEARLY IN BLOCK LETTERS AND NUMBERS

Name \_\_\_\_\_  
First M.I. Last

Address \_\_\_\_\_

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Course Confirmation: Please supply your e-mail address to receive a confirmation letter.  
Written confirmation will not be mailed. Make sure your e-mail address is clearly written.

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**Course Fee - \$350**

**Refund Policy:** An administrative charge of 30% of your tuition payment will be assessed for cancellations prior to May 20, 2011. Cancellations must be in writing and postmarked no later than the above date. Faxes and emails are not accepted. Cancellations will not be accepted after the above date.

**Course Cancellation Policy:** In the unusual circumstance that this course is cancelled, two weeks notice will be given and tuition will be refunded in full. The NYU Post-Graduate Medical School is not responsible for any airfare, hotel or other costs incurred.

**Methods of Payment:** Cash and phone registration are not accepted. If faxing, do not mail or refax, this will only result in a duplicate charge to your account.

- Check in U.S. Dollars only \$ \_\_\_\_\_  
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